BLOOD LEAD TESTING PROVIDERS

San Diego Region

October 23, 2009



The City of San Diego Lead Hazard Prevention and Control Ordinance requires that a child between the ages of six months and seven years, prior to enrolling in a licensed child care facility, must have the child's blood lead levels be tested (requirement as of May 9, 2008). Childcare providers must obtain evidence of a blood lead test prior to admission, or no later than thirty days after admission. A parent or legal guardian needs to obtain a statement from a physician or health care provider that the child has been tested in accordance with applicable criteria mandated by the State of California.

The following are various clinics that provide blood lead testing. Parents are encouraged to go to their child's regular doctor to have the test performed. Large health care providers (i.e., Rady Children's, Sharp, Kaiser, Scripps, UCSD, etc.) are not included in the list below but may be your best option if that is where you normally go for your child's medical care.

CLINICS	FINGER PRICK	VENOUS DRAW
La Maestra Community Health Centers		
La Maestra Main Medical Clinic		
4185 Fairmount Ave.,	X	X
San Diego, CA 92105		
Ph. 619-280-4213		
La Maestra National City Medical Clinic		
101 North Highland Avenue Suite A,	X	X
National City, CA 91950		
Ph. 619-434-7308		
Family Health Centers		
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City Heights Family Health Center		
5379 El Cajon Blvd,		X
San Diego, CA 92115		A
Ph. 619-515-2400		
Downtown Family Health Center		
1145 Broadway,		X
San Diego, CA 92101		
Ph. 619-515-2525		
Beach Area Family Health Center		
3705 & 3690 Mission Blvd.,		X
San Diego, CA 92109		
Ph. 619-515-2444		
Logan Heights Family Health Center		
1809 National Avenue,		X
San Diego, CA 92113		
Ph. 619-515-2300		

CLINICS	FINGER PRICK	VENOUS DRAW
North Park Family Health Center 3544 30th Street, San Diego, CA 92104 Ph. 619-515-2424		X
Sherman Heights Family Health Center 2391 Island Avenue, San Diego, CA 92102 Ph. 619-515-2435		X
Diamond Neighborhoods Family Health Center 220 Euclid Avenue, Suite 40, San Diego, CA 92114 Ph. 619-515-2560		X
Chula Vista Family Health Center 251 Landis Avenue, Chula Vista, CA 91910 Ph. 619-515-2500		X
San Diego Family Care		
Linda Vista Health Clinic 6973 Linda Vista Road San Diego, CA 92111 Ph. 858-279-0925		X
Mid-City Community Clinic Pediatrics 4305 University Ave. San Diego, CA 92105 Ph. 619-280-2058		X
San Ysidro Health Centers		
Main Number General Information – All locations (619) 662-4100		
San Ysidro Health Center 4004 Beyer Blvd, San Ysidro, CA 92154 Ph. 619-428-4463	X	X
National City Family Clinic 1136 D Avenue National City, CA 91950	X	X
Ph. (619) 336-2300 Chula Vista Family Clinic		
865 Third Avenue, Suite 133, Chula Vista, CA 91910 Ph. (619) 498-6200	X	X

CLINICS	FINGER PRICK	VENOUS DRAW
Comprehensive Health Center - Euclid 286 Euclid Avenue, Suite 302 San Diego, CA 92114	v	V.
Ph. (619) 527-7330	X	X
Comprehensive Health Center - Downtown 120 Elm Street, Suite 100 San Diego, CA 92101	X	X
Ph. (619) 235-4211	A	Λ
Comprehensive Health Center – Logan Heights 3177 Ocean View Boulevard San Diego, CA 92113	X	X
Ph. (619) 231-9300	A	
Otay Family Health Center 1637 3rd Ave Suites B F H & I,		
Chula Vista, CA 91911 Ph. (619) 205-1360	X	X
South Bay Family Urgent Care 340 4th Avenue, Suite 7 Chula Vista, CA 91910		
Ph. (619) 205-1960	X	X
Paradise Hills Family Clinic 2400 E 8th St		
National City, CA 91950 Ph. (619) 662-4100	X	X

This guide is for information purposes only and may not be current. Contact Health Centers/Clinics to confirm information before visiting. Most clinics require appointments.

Childhood lead poisoning is the greatest preventable environmental disease affecting children today. The highest risk is for children under six as their brains and nervous systems are still developing and are more sensitive to the damaging effects of lead. Medical research in the past five years identifies there is no safe level of lead exposure in children. The highest loss of intelligence quotient, an average of 7.3, occurs below the Center for Disease Control and Preventions level of concern of 10 micrograms of lead per deciliter of blood. Additional research in 2008 shows compelling evidence linking childhood lead poisoning to criminal activity later in life.